

HSC Winnipeg Women's Hospital ON THE MOVE



2 Weeks until First Patient Day

NOVEMBER 20, 2019

Spiritual Health spaces at HSC

Spiritual Health Services is committed to supporting a hopeful environment at HSC. Our staff can assist patients in connecting with their inner strengths and hope in the face of illness, fear, discouragement and loss, or threat of loss. We respectfully support the needs of all – whether individuals identify as spiritual, atheist, religious or agnostic.

During critical times of suffering, trauma or loss, spiritual health can play a vital role in helping patients find their peace, inner strength and courage. It is during these moments of uncertainty that patients may need to regain their spiritual focus, recover their sense of purpose and reconnect with their beliefs.

At the new facility, the Sanctuary and Ceremonial Room are on Level 4. These rooms are open 24 hours a day for patients, families, staff and students to reflect, meditate or pray.

These safe spaces contribute to healing and wholeness by celebrating diverse values and beliefs.

They can also be booked for ceremonies, sacraments rituals and patient pet visitations (Ceremonial Room only). Both rooms are ventilated to accommodate smudging.

To book a spiritual health room at 665 William Avenue:

- Please call 204-787-3884.

OPENING: December 1, 2019

0730 hrs OPEN: NEW HSC WOMEN'S HOSPITAL at 665 William Ave
All new Neonatal Intensive Care (NICU) and Women's Health patients will be admitted to 665 William Avenue

CLOSED: Women's Hospital at 735 Notre Dame Ave and all current NICUs;
No new patients will be admitted.

How can spiritual health professionals help?

- Listen and provide support, counseling, reflection, or prayer.
- Arrange for celebrations, ceremonies, sacraments, sharing circles, traditional Indigenous ceremonies, and rituals.
- Accompany patients and families as they struggle to cope with illness, loss and questions of meaning and hope.
- Assist patients and their families with ethical issues and decisions.

There is no charge for Spiritual Health Services.

To reach a spiritual health professional:

- Use Vocera or call the main office at 204-787-3884.
- After hours, call HSC Paging at 204-787-2071 (Spiritual Health Practitioners are on call evenings/nights/weekends).

Additional sanctuaries on the HSC campus, which are open 24 hours a day as places of quiet and reflection, can be found at Green Owl Zone, Level 2 (GH216), and Magenta Fox Zone, Level 2 (RR215). For more information, visit hsc.mb.ca/servicesSpiritual.html

THERE'S MORE! – SEE PAGE 2



Women's Health services at HSC

HSC Winnipeg cares for a full range of women's reproductive health issues. Women come here for gynecological procedures or surgeries, to deliver babies and recover from childbirth, and to visit and care for their infants in the Neonatal Intensive Care Unit (NICU).

Effective Sunday December 1, 2019, Women's Health services and Neonatal Intensive Care will be provided in the new facility at 665 William Avenue. Women's inpatient rooms are private, with windows and natural light, a sleeping area for family support, a bathroom, and storage areas for personal belongings and required medical equipment. Enhanced security and patient safety include decentralized workstations that keep health-care professionals closer to patients, a 24/7 information desk and security presence, and an infant protection system.

In addition to these inpatient services, our Ambulatory Care Centre staff on Level 1 will provide care for outpatients in the following clinics: Yellow Sun, Green Leaf, Blue Bird, and Purple Flower.

