

Caring for Your Newborn Baby after a

MINOR HEAD INJURY

Your baby fell while in hospital and had a minor head injury.

This information sheet will tell you what to look for at home.

It is important that a responsible person is always watching your baby in the next several days to 1 week after the fall.

SIGNS OF A MINOR HEAD INJURY

Your baby may

- Be fussy and irritable
- Be very sleepy or lethargic
- Have poor feeding
- Vomit after eating

What to watch for and do:

- Check that your baby wakes up easily every 2 to 3 hours
- Make sure that your baby eats well from the breast or bottle

See a physician or nurse right away if your baby:

- Vomits repeatedly
- Has a high-pitched cry
- Has a bulging soft spot on his head

Call 911 and go to nearest emergency if your baby:

- Cannot be wakened
- Has a seizure (convulsion or abnormal movements)
- Loses consciousness, eyes roll back, stiffens body, limbs twitch

Signs to look for later on include:

- Bulging soft spot on baby's head
- Soft lump or soft area on baby's head where he fell
- Baby's head seems larger than normal
- Baby's head has very visible veins
- Baby's eyes "sunset" (look downward)

Make sure your baby's doctor knows about your baby's head injury so that follow-up care can happen.



Winnipeg Regional
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Caring for Health

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