



# Grow your Career

## Mental Health Program

HSC Winnipeg's Mental Health Program serves the unique needs of individuals in need of mental health support from across Manitoba.

Our teams provide care to adult, pediatric and adolescent clients in both an inpatient and outpatient settings, offering day programs, acute inpatient services, psychiatric emergency support, and a number of clinic-based treatment options.

Nurses in mental health work alongside allied health professionals, physicians, spiritual care and peer support workers as well as support staff.

Together, these interdisciplinary teams work to support individuals in need of mental health services while offering guidance and information to families navigating a loved ones mental health journey.

### Why become a Nurse within the Mental Health program?

- Working in a busy tertiary hospital gives many opportunities to expand and enhance your skills!
- Support the care needs of a diverse group of patients
- Develop skills in admissions, discharge and mental status exams
- Provide compassionate, patient-centred care in an environment that is welcoming, safe, and inclusive.
- Interdisciplinary care teams create educational opportunities



"It's such a great atmosphere and community to work in, you feel really supported. The importance of teamwork was one of the first things that was really obvious.

I really enjoy hearing people's stories and being a listening ear for whatever has brought them to the point in their life where they are in need of support. Providing care where patients are at is something I'm very passionate about."

**Kayley Krahn,**  
**Registered Psychiatric Nurse and former**  
**Undergraduate Nurse Employee,**  
**HSC PsychHealth**

## Our Services

Acute Inpatient Services

Various Outpatient Mental Health Programs for Adult, Pediatric and Adolescent Patients

Day Programs

Forensic Programs

Eating Disorders Clinic

Substance Use and Addictions Support

ECT and Ketamine Clinic

## Orientation, Mentorship, and Continued Education

HSC's Mental Health units welcome undergraduate nurse employees, registered nurses and registered psychiatric nurses to join our teams.

Learn and grow in your nursing career. Working in any one of our specialized mental health areas will offer you mentorship and support opportunities as you build skillsets that will translate well to almost any area and every patient population.

**Apply Today**

