

## INFORMATION FOR FAMILIES

### NEXT STEPS

Your child has been referred to the Pan Am Concussion Program because they have been diagnosed with a concussion that requires follow up by a physician.

Until your child has been reassessed by a physician, they should rest and should not participate in any sports or physical activities. If your child's symptoms become worse or they experience new symptoms, they should be seen again by a physician in an emergency department.

### BOOKING AN APPOINTMENT

Once your child's consult/emergency record has been received by the Pan Am Concussion Program, the Unit Clerk will contact you to book an appointment with the physician. If you are unavailable at the time of the phone call, a message will be left on your answering machine with the date and time of your child's appointment.

If you have NOT been contacted by the Pan Am Concussion Program within 2 business days, you may contact them directly (204) 927-2766 or (204) 927-2691. The Unit Clerk will take your child's information and request the proper documentation from the referring facility's Health Information Services Department. Unless otherwise requested by the referring physician, the appointment will be scheduled within 3-4 days after the initial visit.

### ARRIVING TO YOUR APPOINTMENT

The Pan Am Concussion Program is located on the 2<sup>nd</sup> Floor of the MTS Iceplex, 3969 Portage Avenue - just outside the west perimeter. Please refer to the map for directions. Parking is available around the complex. Once you arrive at the MTS Iceplex, take the stairs to the 2<sup>nd</sup> floor and turn right.

Please bring your Manitoba Health card to all appointments.

