

Neonatal Follow Up Program

About the Program

The Neonatal Follow Up Program follows the growth, well-being and development of sick and premature babies once they leave the Neonatal Intensive Care Unit (NICU).

If your baby has been a patient in the NICU, they may need special help. Sometimes babies who have been sick at birth or born too early have problems growing and developing the way they should. It is important to spot any problems as early as possible.

Our nurse will contact you before your baby goes home, or shortly after that.

What to Expect

We would like to see your baby in the Neonatal Follow Up Clinic once or twice during the first year of life, with the first visit between 6 to 9 months of age. The number of follow up visits will be different for each baby.

At these visits you will be asked about your baby's:

- Health
- Feeding Pattern
- Sleeping Pattern
- Latest Milestones

During the Exam

The exam will be done by a doctor who specializes in early child development. Our team also includes: a nurse, occupational therapist (OT), physiotherapist (PT) and speech therapist.

The team will look at:

- How your baby reacts to what they see or hear
- How your baby moves
- How your baby responds to people

The exam is done with you present, and the results of our findings will be discussed with you.

The Neonatal Follow Up Program is in addition to regular medical care and routine check ups. These should still be provided to your baby by their pediatrician or family doctor.

Your doctor will receive a written report after each visit to the Neonatal Follow Up Clinic.

Extra visits with the OT, dietitian, PT, eye doctor, neurologist, speech and hearing specialists will be arranged as needed. You will be told of an appointment by mail or phone well in advance.

Services available at St. Boniface Hospital and Health Sciences Centre at SSCY Centre.

Contact Us:

St. Boniface Hospital 409 Tache Ave, Winnipeg
Phone: 204-235-3486 or 204-235-3078
Fax: 204-235-3280
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