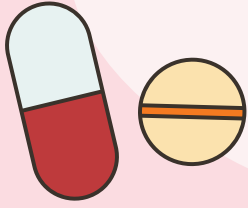


HELPING YOUR CHILD SWALLOW PILLS



★ TIP 1

Don't wait until your kid is sick, practice ahead of time.



★ TIP 2

Use candy to practice! Build confidence by starting small and work your way up to goal size.



★ TIP 3

Aim for 3-5 successful swallows before moving up. If your child fails, go back to the previous size.

★ TIP 4

Limit each session to 15 minutes and always end on success to keep it positive!



Practice Candy Sizes



Only use if your pill is the same size.



Talk about medicine safety & tell your child what the medicine is for.

Mix It!

Mix the medicine in applesauce, yogurt, or pudding and serve on a spoon.

Straw Method

Place medication at the front half of the tongue, place the straw in front and sip.