



Women’s Hospital Procedure Room Instructions

Pre-Procedure Medical Appointment with Dr. _____ is:

DATE	TIME	LOCATION
Procedure Date: _____ . Please report to Women’s Hospital at _____.		

Location: Women’s Hospital
Level 3, Day Surgery Admitting
665 William Avenue
Winnipeg, Manitoba

DO NOT eat or drink anything after midnight on the day of your procedure.

DO NOT have gum or candy.

YOU MUST arrange to have a responsible adult accompany you home from the hospital.

YOU MUST arrange to have a responsible adult stay with you for overnight after the procedure, due to the medications that you will receive.

DO bring your health card.

DO NOT bring money or valuables to the hospital.

Remove ALL jewelry, make-up and coloured nail polish. Dress comfortably.

If you have changed your mind about the procedure or the appointment, please call 204-787-1980.

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All procedures are performed on the third floor of Women's Hospital at Health Sciences Centre (HSC). Once on Level 3, head left off the elevators. You will be required to buzz in to gain access to Day Surgery Admitting.

An intravenous (IV) will be started before the procedure. This IV is started to allow medication to be given to you during the procedure to keep you comfortable. You will be positioned on the procedure table the same as having a PAP test performed. The actual procedure takes between 5 - 15 minutes.

Once the procedure is over you will be walked to the recovery area where you will stay for about 30 minutes. You will then be discharged home with a responsible adult.

Possible Risk and Complications

Serious complications from a uterine dilatation and curettage (D&C) are extremely rare and happen in about 0.5 - 1.1% of all procedures performed in Canada.

Rare Complications:

Retained Tissue in the Uterus – Retained pieces of tissue left in the uterus after a D&C performed is about 0.7% of all procedures. This tissue prevents the uterus from contracting and tightening up and can cause increased bleeding. You may need to have the procedure performed again to remove the tissue and antibiotics may be prescribed.

Hemorrhage (Bleeding) – This complication occurs in 0.1% of all procedures performed. When the uterus does not contract or tighten up after the procedure, heavy bleeding may occur. This can happen immediately after the procedure or a few days later. Medication maybe prescribed or you may need to have the procedure repeated.

Infection – this occurs in less than 1% of all procedures performed; where bacteria enter through the open cervix. Infections are treated with antibiotics. Untreated infections may lead to the inability to become pregnant in the future.

Uterine Perforation – Occurs in 0.1% of all procedures performed. Small tears or punctures will heal themselves. Medication may be prescribed to help the uterus heal. In extreme cases surgery and admission to hospital may be required to repair the perforation.

Note: Due to unforeseen circumstances you may have an extended wait before your procedure.