

HSC Catering

204.787.2220 | catering3@exchange.hsc.mb.ca

HSC Retail Food Services prides itself on offering an excellent array of food and beverage selections to Health Sciences Centre Winnipeg, University of Manitoba Bannatyne Campus, CancerCare Manitoba, Specialized Services for Children and Youth, and surrounding area clients. Our services range from the simplest coffee to elegantly serviced receptions and dinners. We are available to customize your event down to the smallest detail. We invite you to call, fax or email HSC Catering to help you plan and coordinate your event.

CATERING SERVICES

Catering and coffee supplies**:
P: 204-787-2220
F: 204-787-4136
Email: catering3@exchange.hsc.mb.ca.

Room bookings: 204-787-7994
Room setup: 204-787-4765

Estimates available upon request.

CHINA / LINEN RENTALS

China & Linen Rental service can be arranged for an additional charge, minimum order required.

METHOD OF PAYMENT

Catering payments can be made by cash, cheque, credit card, invoice, or HSC trust account*.

DELIVERY

A \$50.00 minimum catering order is required for delivery on site otherwise a \$20.00 surcharge will apply. Off site deliveries will be charged HSC courier fees.

CANCELLATIONS

For cancellation of orders, we require **24 hours notice**. All cancellations must be sent in via email to catering3@exchange.hsc.mb.ca.

*Gratuities not accepted.

**Prices subject to change.

BEVERAGES

Coffee/Tea include cream, milk, sugar & sweetener

Coffee/Tea by the Pot (serves 10)	\$17.50	Pure Fruit Punch (serves 8)	\$10.50
Tim Hortons Coffee by the Pot (serves 10)	\$19.50	Assorted Herbal Teas	\$2.25
Lemonade Jug (serves 8)	\$8.00	Assorted Soft drinks including Diet (355 ml)	\$2.00
Iced Tea Jug (serves 8)	\$8.00	Assorted Juices (300 ml)	\$2.00
Juice Jug (serves 8)	\$10.00	2% or Skim Milk (237 ml)	\$1.75
		Chocolate Milk (473 ml)	\$2.50
		Bottled Water (500 ml)	\$2.00

Ice water pitchers available with catering orders.

PLATTERS

*Must be ordered **72 hours in advance**

	Small Platter (feeds 10)	Large Platter (feeds 25)
VEGETABLES & DIP PLATTER* Crisp healthy vegetables served with a Ranch Style Dip.	\$29.75	\$58.75
FRUIT PLATTER* Delicious seasonal fruits.	\$32.50	\$62.75
DELI MEAT PLATTER* An array of sliced meats—chicken, ham, roast beef & corned beef served with bread, horseradish, mustard and mayo.	\$42.00	\$82.50
CHEESE & FRUIT PLATTER* An assortment of cheddar, marble and swiss cheese accompanied by slices of seasonal fruit.	\$36.50	\$70.75
CHEESE PLATTER* An assortment of cheddar, marble and swiss cheese served with a compliment of crackers.	\$38.95	\$75.00
DAINTY PLATTER* Sweet treats for the sweet tooth!	\$28.50	\$55.00

APPETIZERS

*Must be ordered **72 hours in advance**

Mini Chicken Curry or Teriyaki Skewers (dozen)*	\$16.20	✓ Summer Rolls, Shrimp, Pork or Veggie, including peanut sauce*	Small Tray \$48.00
Hot Spicy Chicken Wings (dozen)*	\$11.05		Large Tray \$72.00
Mini Seafood or Chicken Cups (dozen)*	\$12.25	✓ Cheese Balls served with Assorted Crackers (serves 6-8)*	\$18.75
Mini Meat balls in Sweet & Spicy Sauce (dozen)*	\$11.50	✓ Hummus & Pita Chips*	\$17.25
Rare Roast Beef Rounds Served on Toasted Baguettes with Basil Mayo (dozen)*	\$18.30	✓ Deviled Eggs (dozen)*	\$9.75
Potstickers/plum sauce (dozen)*	\$12.75	Crab Tortilla Roll-ups (dozen)*	\$13.95
Maki & Nigiri 30 pcs*	\$50.00	✓ Vegetable Tortilla Roll-ups (dozen)*	\$10.95
Assorted Maki Roll 40 pcs*	\$35.00	Salmon Tortilla Roll-ups (dozen)*	\$13.95
✓ Mini Assorted Quiches Ham & Broccoli, Vegetarian, or Greek (dozen)*	\$11.50	Shrimp Platter with Cocktail Sauce*	Market price
✓ Mini Spring Rolls served with Plum Sauce (dozen)*	\$12.25	✓ Spinach Dip/Pumpernickel Bowl*	\$18.75
✓ Stuffed Mushroom Caps (dozen)*	\$12.25	✓ Fancy Party Sandwiches An assortment of pinwheel & finger sandwiches (dozen)*	\$16.25
✓ Spanakopita & Tzatziki (dozen)*	\$13.75		
✓ Mini Veggie Samosa (dozen)*	\$18.00		

✓ Vegetarian option available

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BREAKFAST

Condiments available upon request

Breakfast Bagelwich	\$4.25	Sausage (ea)	\$0.95
✓ Breakfast Tortilla Wrap	\$4.25	Bacon (per slice)	\$0.95
Hash Browns	\$1.95	Yogurt - Greek (100ml)	\$1.95
Scrambled Egg	\$1.95	Whole Seasonal Fruit	\$1.50
Hard Boiled Egg	\$1.25	Fruit Salad	\$2.95
		Yogurt Granola Parfait	\$3.25

LUNCH

Condiments available upon request

✓ LASAGNA & GARLIC BREAD (Minimum 12 servings) Meat lasagna smothered in a rich marinara sauce topped with cheese and baked to perfection.	\$9.00	✓ CHICKEN SOUVLAKI PITA WITH RICE OR GREEK SALAD Marinated Chicken breast skewer wrapped in a pita served with Tzatziki sauce.	\$9.00
✓ PASTA & GARLIC BREAD Choice of primavera, chicken alfredo or vegetable alfredo.	\$9.00	✓ CHICKEN QUESADILLA Slowly baked chicken breast in a spicy Mexican seasoning, folded in a flour tortilla, garnished with green pepper, onion & cheese.	\$9.00
✓ CHICKEN OR VEGETARIAN ENCHILADA & TOSSED SALAD Tortilla shells filled with chicken or veggies, cheese & Enchilada sauce. Served with Salsa & Sour Cream	\$9.00	CHICKEN STIR FRY & RICE Choice of Teriyaki or Szechwan.	\$9.00
QUICHE & SALAD (Minimum 4 servings) Your choice of Greek Feta, Ham & Broccoli or Vegetarian.	\$9.00	CHICKEN BREAST WITH RICE OR SALAD Choice of Dijon, Teriyaki, Spicy Mushroom, Almandine, Mandarin, Salsa, Cajun, Santa Fe, Curried or Honey Garlic.	\$9.00
CHICKEN FINGERS & SALAD 4 Chicken fingers served with a tangy plum sauce, garden vegetable salad.	\$10.25	MEATBALLS in a marinara sauce served with pasta & garlic bread.	\$9.00
SOUP OF THE DAY	\$3.95	CURRY CHICKPEAS Served with rice. Minimum order of 5.	\$9.00
CRUSTY ROLL	\$1.25	GARLIC BREAD	\$1.75

✓ Vegetarian option available

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SANDWICHES

Condiments available upon request

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| SUB | \$7.25 | | |
| An assortment of Chicken, Roast Beef, Ham, Corned Beef. | | | |
| ✓ DELI SANDWICH | \$6.50 | | |
| (available on multi-grain or rye bread) An assortment of egg, tuna, chicken salad, roast beef, ham, corned beef, chicken or vegetarian. | | | |
| ✓ QUARTER SANDWICHES | \$5.75 | | |
| (available on white or whole wheat bread) An assortment of egg, tuna, chicken salad, roast beef, ham, corned beef or chicken. | | | |
| ✓ MINI BAGELS | \$18.00 | | |
| Trendy open-face mini bagels with assorted fillings and sliced meats. (12) | | | |

WRAPS

Condiments available upon request

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| ✓ SIGNATURE WRAPS | Each | | |
| Wrap it up with an assortment of Egg Salad, Tuna, Chicken Salad, Roast Beef, Ham, Corned Beef, Chicken, Chicken Caesar, Greek Chicken, Chicken Club, Chicken Fingers, Thai Chicken and Hummus Vegetarian. | | | |
| | \$7.25 | | |

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| ✓ ROAST BEEF & GRILLED VEGETABLE BAGUETTE | \$7.75 |
| Savory roast beef topped with grilled vegetables served on a freshly baked baguette. | |

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| MONTEREY RANCH CHICKEN BAGUETTE | \$7.75 |
| Tender roasted chicken breast with a chipotle mayonnaise, garnished with green peppers, red onion & Monterey cheese, served on a freshly baked baguette. | |

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| CLUBHOUSE | \$7.75 |
| Chicken breast, bacon, ham, lettuce, tomato and cheese stacked on bread and grilled just right! | |

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| CHICKEN PESTO & ROASTED PEPPER SANDWICH | \$7.75 |
| Chicken Breast, Red Pepper, Pesto, Mozzarella on French bread. | |

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| PHILLY ROAST BEEF BAGUETTE | \$7.75 |
| Succulent roast beef topped with onions, mushrooms and cheese served on a freshly baked baguette. Served warm. | |

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| POTATO CHIPS | \$2.00 |
| Assorted | |

✓ Vegetarian option available

PIZZA

15" Pizza cut into 8 slices

- ✔ **FRESH BAKED PIZZA** **\$19.75**
 Choose from Hawaiian, Cheese, Pepperoni & Mushroom, Vegetarian and Greek.

SALADS

Variety of salad dressings available upon request

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| <ul style="list-style-type: none"> ✔ CURRIED CHICKEN PASTA SALAD & PITA BREAD \$ 9.25
 Marinated chicken breast served over penne pasta infused with a mild curry sauce. | <ul style="list-style-type: none"> ✔ TACO BOWL \$9.25
 Baked taco bowl filled with lettuce, tomato, shredded cheddar, green pepper, salsa, sour cream and choice of taco beef or vegetarian. |
| <ul style="list-style-type: none"> ✔ SPECIALTY SIDE SALADS \$3.95
 Choose from Greek, Caesar, Tossed Greens, Romaine Orange Almond, Winter Spinach Salad, Potato, Pasta or Coleslaw. | <ul style="list-style-type: none"> CAJUN CHICKEN CAESAR SALAD & A ROLL \$9.25
 Grilled Cajun chicken breast atop a crisp Caesar salad. |

DINNER

*Minimum order of **6 meals of the same variety**

Full dinner catering available upon request*. Please call 204.787.2220 for more information.

- ✔ Vegetarian option available

BAKED GOODS & SWEETS

Baked goods include butter & jam

Biscuit (Cheese, Raisin, Raspberry)	\$ 2.75	Bagel with Cream Cheese	\$2.75
Muffin Assorted	\$ 2.25	Coffeecake	\$2.50
Poppy Seed Bun	\$2.75	Cheese Onion Bun	\$3.00
Cinnamon Bun	\$2.95	Pizza Swirl	\$3.00
Croissant	\$2.75	Assorted Buns	\$2.50
Assorted Donuts Tim Hortons (12)	\$12.00	Banana Loaf	\$2.25
Assorted Timbits Tim Hortons (50)	\$12.00	Butter Tart	\$2.25
Assorted Timbits Tim Hortons (20)	\$5.00	Fruit Tart	\$1.50
Mini Assorted Buns (Danish, Croissant)	\$1.75	Homestyle Baked Cookie	\$1.25
		Dainties (3 per person)	\$2.95
		Squares	\$2.75
		Cheesecake (slice)	\$3.95
		Cream Pie (slice)	\$3.50

CAKE

*Must be ordered **72 hours in advance**

SKOR*

Chocolate lover's delight, chocolate cake soaked in a creamy caramel sauce topped with cream & Skor bits. Available in 1/2 and full slabs only.

GUNN'S BAKERY CAKE*

Choice of white, chocolate or marble, with lemon, cherry or Bavarian cream filling.

9"x12" (serves 20-25)	\$40.00
1/2 slab (serves up to 50)	\$70.00
Full slab (serves 80)	\$125.00

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